Information Aerial Silk Course 2017/2018

General information

Challenging, courageous, strength, and a lot of fun, that's how most describe Aerial Silk. It is a spectacular combination of acrobatics and dancing. You will be performing tricks and stunts in a 6 meter piece of cloth. The sport asks for a lot of strength, but also that you never lose focus, it is the perfect combination of physical power and your mind. Aerial Silk gives you the option to express your personality in a very original way. The two categories that are most common are drops and posing.

Location: Gymnasium

Starting dates/schedule: 4 times a year on Tuesday 22:30-23:30

Duration: 8 lessons of 60 minutes.

Materials: provided by SSC.

Clothing: sports clothes

Starting level: Beginners

Goals: learning of the basic skills.

Costs: €30,-

Registration: You can register by going to our website, log in and go to course registration. Registration is valid as soon as your payment has been processed. It's possible that the processing of the payment takes some time. When the system signs you out you can register again. The course will take place when there are enough participants. When during signing up you see 'Not open yet', please contact Miss Manon van Lint: ssccursus@tue.nl

Extra:

Curious to know what Aerial silk is all about? Look on our website or the Facebook page of our instructor: Arte Favola

https://www.facebook.com/Arte-Feyola-243761945760072

For questions about the course, you can contact Miss Manon van Lint, coordinator courses: e-mail: ssccursus@tue.nl  tel: 040-247 5002