General information

Have you always wanted to play a game of squash, but always lacked the basic skills? Then now is the time to follow our squash courses. The Basic course is for the students without any experience.

Location: SSC Squash courts


Duration: 1 time per week 45 minutes during 10-12 weeks.

Lesson schedule: Monday evening between 16:15-18:30. In quartile 2 and 3 also on Tuesday evening from 17:00-18:30.

Materials: rackets and balls are made available by the SSC.

Clothes: sports clothes and non-marking indoor shoes are mandatory.

Level: beginner

Goal: after the course the participant masters all the different squash techniques and will be able to play matches.

Costs: €10,-

Enrolment procedure: You can register by going to our website, log in and go to ‘course registration’. Registration is open 2 weeks before the starting date on Mondays at 12h00. You can register only once for this course.

Extra:

If a lesson is cancelled, due to absence of the instructor, this will be notified by either e-mail, via our website www.studentensportcentrumeindhoven.nl or via facebook.com/SSCEindhoven.