Information Swimming Lessons For Women

Since 2009 the Student Sports Centre Eindhoven (SSC) offers the possibility for (foreign) women to follow swimming lessons or join open swimming. Obtaining the national swimming certificates A, B and C is also among the options. During our swimming lessons, given by female instructors, the pool is completely fenced off for spectators. A swimming lesson is 45 minutes long and takes place in groups with a max. of 15 women. On Tuesday and Thursday from 9:00-10:00 we offer AquaFit and on Monday, Tuesday and Thursday from 10:00-11:00 we have swimming lesson for beginners.

Lesson periods and costs
The lessons are divided into two or three periods, which runs from the first school week until Christmas, from January till the Ramadan and an extra period until the Summer holidays. The costs per period (14-16 lessons) depends on the number of lessons but always €6,50 per lesson.

Singing up
You don’t have to register in advance, you can just come to the SSC and buy a Swimming card, which allows you to start straight away. If you have a SSC sports card, then you can join the lessons for free.

(House) rules
Because of the great interest in our swimming lessons and to safeguard your safety the SSC has put up a couple of (house) rules:
- You can pay by cash or PIN at the SSC counter. The payment has to be done before the first swimming lesson. You will receive straight away the lessons card.
- Making up a lesson is possible as long as your lessons card is valid.
- It is NOT possible to take lessons on irregular basis.
- It is NOT allowed to use the emergency exits as a normal exit when leaving the SSC.

More information
For more information please contact Miss. Manon van Lint: ssczwemschool@tue.nl or 040-2475002.