Information Swimming Lessons For Women

Since 2009 the Student Sports Centre Eindhoven (SSC) offers the possibility for (foreign) women to follow swimming lessons or join open swimming. Obtaining the national swimming certificates A, B and C is among the options. During our swimming lessons, which are only taught by female instructors, the swimming pool is completely fenced off for spectators. A swimming lesson is 45 minutes long and takes place in groups of no more than 15 women.

Lesson periods and costs
The lessons are divided into two equal periods, which runs from the end of the Ramadan to the beginning of the summer holidays. The costs per period (16 lessons) are €104,-.

Singing up
Signing up is only possible via the SSC application form. This form is available at the SSC counter, via our website or can (if requested) be send to your home address. The swimming program can be found on the application form; signing up for more than one swimming class per week is possible. After filling in the application form you can go directly to the swimming pool, please bring the filled in application form with you.

(House) rules
Because of the great interest in swimming lessons and to guard your safety the SSC has put up a couple of (house) rules:

- You can pay by cash or PIN at the SSC counter. The payment has to be done before the first swimming lesson.
- It is NOT possible to take lessons on irregular basis.
- It is NOT allowed to use the emergency exits as a normal exit.

More information
For more information please contact Miss. Manon van Lint: m.v.lint@tue.nl or 040-2475002).